



(847) 847 - 395-2809
X19 or X25
aahaa4health.org

8.5.20 Sometimes we all need a little help.

AAHAA is here with resources and services that can help you through this difficult time.

Our Network Nurse™ can help with solutions for:

- GROCERIES
- PRESCRIPTIONS
- CORONAVIRUS INFO
- HEALTH INSURANCE
- REFERRALS TO PHYSICIANS, DENTISTS, & COUNSELORS
- SHOPPING ASSISTANCE
- RENT/UTILITIES
- TIPS TO STAY SAFE
- HEALTH EDUCATION
- HOUSING CONCERNS

Our Certified Application Counselor can assist with:

- MEDICAID APPLICATIONS
- ACA APPLICATIONS
- SNAP APPLICATIONS
- MEDICAL TRANSPORTATION

NETWORK NURSE™
(414) 737-6601

Improving the health of our community one neighbor at a time.



COVID Housing Relief Program (CHRP)

The Lake County COVID Housing Relief Program (CHRP) provides rent and utility assistance for eligible households financially impacted by COVID-19.

If you are a Lake County resident and need help paying your rent or utility bills, please click [HERE](#) for more information.

Lysol® cleaning products have proven effective in killing the novel coronavirus on hard surfaces, the U.S. Environmental Protection Agency (EPA) announced.



Lysol® Disinfectant Spray and Lysol® Disinfectant Max Cover Mist received approval from the federal agency for their effectiveness against SARS-CoV-2, the virus [that causes COVID-19](#). They are the first surface disinfectant products to receive such approval; the EPA said it expects more will follow.

North Suburban Region 9

Right now, our North Suburban Region is meeting state targets. However, our positive rates have increased 8 of the past 10 days to 5.3% as of July 28. We need every resident to do their part to help our region stay on track!

WASH YOUR HANDS

WEAR A MASK

WATCH YOUR DISTANCE

IF YOU HAVE SYMPTOMS OF RESPIRATORY ILLNESS such as fever, cough, shortness of breath, **stay home and call your doctor**. Distance yourself from others in the household and if possible, stay in your own bedroom and use your own bathroom. Seek medical care right away, if your illness is worsening (for example, you have difficulty breathing). **DO NOT walk into a healthcare facility, urgent care clinic, or hospital before calling.**

If you do not have a primary care provider contact Lake County Health Department – (847) 377-8800 & choose option 1.

Call 911 if you are having a medical emergency & alert dispatch if you have respiratory symptoms.

PLEASE REMEMBER
WEAR YOUR MASK TO PROTECT OTHERS AND SLOW THE SPREAD

(Do not use masks with children under the age of two or on anyone who has trouble breathing, is unconscious, incapacitated, or otherwise unable to remove the mask without assistance)



- Clean hands often with soap & water (20 seconds) or use hand sanitizer at least 60% alcohol.
- Avoid touching your eyes, nose, mouth with unwashed hands.
- Cover your cough & sneeze with a tissue or your elbow.
- Check with your healthcare provider about any medical appointments.
- If you are on dialysis, you should **NOT** postpone your treatments.

TO OUR FRIENDS AND NEIGHBORS

AAHAA will now begin distributing this news & resource guide on a monthly basis.

If we become aware of a new resource or important news, we will send out a news blast. You can always download our latest AAHAA News & Resource Guide from our website - aahaa4health.org. If you or someone you know can offer help, please send your information to info@aahaa4health.org.

MONTHLY RESOURCE GUIDE



HOTLINE

HOTLINES & MORE INFORMATION

- | | |
|---|--|
| * <u>Antioch Area Healthcare Accessibility Alliance</u> | (847) 395-2809 |
| * <u>Advocate Health COVID-19 Hotline</u> | (866) 443-2584 |
| * <u>Illinois COVID-19 Hotline</u> | (800) 889-3931 |
| * <u>Lake County Health Department</u> | (847) 377-8800 |
| * <u>Northshore Community Health Hotline</u> | (847) 432-5849 |
| * <u>United Way of Lake County</u> | 211 |
| * <u>COVID-19 & Unemployment Benefits</u>
Unemployment benefits available to individuals whose unemployment is attributable to COVID-19. | (800) 244-5631
ides.illinois.gov |
| * <u>Representative Joyce Mason's Office</u>
For individuals who are having difficulty accessing unemployment benefits. | (847) 485-9986 |



CORONAVIRUS TESTING SITES

***Waukegan Community-Based Testing Site**

102 W. Water Street, Waukegan, Illinois

Every day from 8am until 4pm (or until 750 tests completed each day)

Community-based testing sites are available to anyone to get tested, regardless of symptoms or other criteria.

No appointment, no doctor referral, and no insurance is needed at state operated drive-thru sites.

Testing is available at no cost to the individual. ID is required.

***Johsburg Walmart & e-TrueNorth Testing Site**

3801 Running Brook Farms Blvd, Johnsburg, Illinois (Parking lot)

Mondays, Wednesdays, & Fridays from 7am-9M

Testing for first responders, health care providers, others with symptoms of COVID-19, and those in high risk groups without symptoms.

Those interested in being tested need to visit www.DoINeedaCOVID19test.com to see if

eligible for testing, and to make an appointment. No out-of-pocket cost for the test. ID is required.



HERE TO HELP

***Antioch Township (Antioch Township Residents)**

Assistance with rent, utilities, and other essentials.

Provides assistance with applications for LIHEAP, and the

Benefits Access Program for Secretary of State License Plate Discounts for seniors;

Seniors Ride Free Transit Benefits or Persons with Disabilities Free Transit Ride.

(847) 395-3378

antiochtownshipil.gov

***Antioch Township Senior Task Force**

Task Force Coordinator-Courtney Kotloski

Personal shoppers for groceries, prescriptions, and errands.

(847) 460-2791

ckotloski@antiochtownshipil.gov

***Grant Township (Grant Township Residents)**

Can assist with rent, and utilities such as gas/propane, electric, water, sewer, and garbage. Residents are required to be

a current resident for at least the past 6 months and

have either a shut off notice, or have been shut off.

Able to provide food assistance, as well as other services.

(847) 740-2233

granttownshipcenter.org

***Lake Villa Township (Lake Villa Township Residents)**

Emergency Assistance Program to provide temporary,

emergency funds for persons who qualify. This will enable them to

better provide shelter, utilities, food, personal and household needs .

(847) 356-2116

Emergency Rental & Mortgage Assistance

***Catholic Charities**

(847) 782-4000

***Community Action Partnership (CAP)**

(224) 412-8945

***Mother's Trust Foundation (homes with children)**

(847) 482-9189

Hours: Mondays-Thursdays 9am-4pm



UTILITY ASSISTANCE

***ComEd**

(800) 334-7661

Offers programs such as payment arrangements, and bill pay assistance during financial difficulty.

comed.com

***Nicor**

(888) 642-6748

Offers programs such as payment arrangements, and bill pay assistance during financial difficulty.

nicorgas.com

***LIHEAP (Low Income Home Energy Assistance Program)**

(877) 411-9276



MENTAL HEALTH SUPPORT

Domestic Abuse Support

***A Safe Place – Lake County**

(800) 600-7233

***Illinois Statewide Domestic Hotline**

(877) 863-6338

***National Domestic Abuse Hotline**

(800) 799-7233

Counseling Services

***Antioch Community Counseling Services (sliding scale fee)**

(847) 454-3111

***Blending Families (Antioch)**

(847) 838-9904

***CYN Counseling Center**

(847) 548-6000 X 010

***CYN After-Hours Crisis Line**

(847) 587-3100

- *Family Service of Lake County Counseling (phone/video sessions) (847) 432-4981
- *Lake Behavioral Hospital (855) 990-1900 (toll free)
Adolescents, Adults, & Seniors (works with Medicaid/Medicare)
- *Lake County Crisis Line (you may place an anonymous call) (847) 377-8088
No out of pocket costs for seniors
- *Lisa Berg, LCSW (Antioch) (224) 357-6793
Individuals & family counseling (telephone sessions available)
Approved Medicare provider
- *Nicasa HUGS Line (847) 546-6450
COVID-19 emotional help & recovery support

TEXT Support Services

- *CALL4CALM (Covid-19 support) Text "Talk" to 552020
- *Disaster Distress Coronavirus Hotline Text "TalkWithUs" to 66746
- *Text-A-Tip (Support for middle-school & high school youth) Text "LAKECO" to (884) 823-5323



LOCAL FOOD PANTRIES

- *Open Arms Food Pantry (Antioch) (847) 395-0309
1548 Main Street, Antioch on Rt. 83
Tuesdays, Wednesdays & Thursdays 4:30pm-6:30pm
Food Distribution directly to cars to ensure safety to everyone - drive-up
- *Northern Illinois Helping Hands Food Pantry (Spring Grove) (815) 245-7345
2502 Spring Ridge Drive, Spring Grove, in the Intermatic parking lot
Tuesdays & Thursdays from 3pm- 6:30pm
Food Distribution directly to cars - drive-up



PHARMACY NEEDS

- *CVS (Antioch) 8am-8pm & Pharmacy Hours 9am-8pm (847) 395-5691
983 Illinois Rte. 59, Antioch
Shopping for vulnerable guests & their caregivers: Wednesdays 9am-10am
Free delivery of prescriptions and essential needs
cvcs.com
- *ALL WALGREENS PROVIDE walgreens.com
Free Delivery of Prescriptions &
Drive-thru shopping for essential needs
- Antioch - Weekdays 7am-10pm (847) 395-0337
283 W. IL-173, Antioch
- Fox Lake - Weekdays 7am-10pm (847) 587-8222
61 S, US-12, Fox Lake
- Lakemoor - Weekdays 8am-10pm (815) 578-9346
28895 W IL Route 120, Lakemoor



GROCERIES/OTHER

- *Aldi (Antioch) Monday - Friday 9am-8pm**
1390 Deep Lake Road, Antioch
Seniors: Tuesdays & Thursdays 8:30am-9:30am
(855) 955-2534
aldi.us
- *Dollar General (Fox Lake) 8am-9pm**
488 Orchard Street
Hours for all general public
(224) 259-2818
dollargeneral.com
- *Dollar General (Fox Lake) 8am-9pm**
71 E Grand Avenue
Hours for all general public
(224) 337-3320
dollargeneral.com
- *Jewel/Osco (Antioch) 6am-Midnight & Pharmacy Hours 8am-10pm**
966 Rte. 59, Antioch
Delivery and pickup available, may be delayed
Seniors: Tuesdays from 7am-9am
(847) 395-7363
jewelosco.com
- *Jewel/Osco (Fox Lake) 6am-Midnight Pharmacy Hours 8am-10pm**
1350 US-12, Fox Lake, IL 60020
Delivery and pickup available, may be delayed
Seniors: Tuesdays from 7am-9am
(847) 973-9075
jewelosco.com
- *Lovin' Oven Cakery (Antioch & Round Lake Locations)**
455 Lake Street, Antioch IL 60002
2207 N. IL 83, Round Lake IL 60073
Tuesday-Saturday: 7am-6pm, & Sundays: 8am-1pm
Antioch - (224) 788-9558
Round Lake Beach - (847) 231-4700
lovinovencakery.com
- *Old Mill Creek Country Store (Antioch)**
19588 W. IL Route 173, Antioch
Monday-Saturday: 8am-7pm & Sundays: 10am-6pm
Organic meat, produce, dairy, deli, grocery & frozen foods
(224) 788-8085
oldmillcreekcountrystore.com
- *Piggly Wiggly (Antioch) 7am-9pm**
460 Orchard Street, Antioch
(847) 395-7842
shopthepig.com
- *Val's Fresh Market (Fox Lake)**
17 Towne Centre Lane, Fox Lake
Monday-Saturday: 8am-8pm & Sundays: 8am-7pm
(847) 587-0940
shopvals.com
- *Walmart Supercenter (Antioch) 7am-8:30pm**
475 East, IL-173, Antioch
60 & older can shop the store & pharmacy one hour before opening
(847) 838-2148
walmart.com
- *Woodman's (Lakemoor) 7am-10pm**
27555 IL Route 120, Lakemoor
Senior Shopping Hours: Tuesdays & Wednesdays 6am-8am
(779) 704-4220
shopwoodmans.com



VETERINARIANS

*Antioch Animal Hospital

(847) 395-0636

40949 N. IL-83, Antioch

Please call the office in advance.

Mondays, Tuesdays, Thursdays, & Fridays: 7:30am-7pm

Wednesdays: 7:30am-5pm & Saturdays: 8am-4pm

*Lakes Animal Clinic (Antioch)

(847) 395-0100

222 IL-173, Antioch

Please call the office in advance.

Monday-Friday: 8am-5pm (closed from 12-1pm) & Saturdays: 8am-2pm

*Fox Lake Animal Hospital

(847) 587-0505

161 US-12, Fox Lake

Please call the office in advance.

Monday- Friday: 9am-6pm & Saturdays: 9am-2pm



AAHAA
Antioch Area Healthcare
Accessibility Alliance
(847) 395-2809 x19 or x25
aahaa4health.org

Helping our community one neighbor at a time.

For our latest complete News & Resource guide, please visit our website aahaa4health.org or our [Facebook](#) page!



Now serving GRANT TOWNSHIP too!