



(847) 395-2809

[aahaa4health.org](http://aahaa4health.org)

Now more than ever

AAHAA is here to connect you to valuable resources in our community, that can aid in access to healthcare, benefit applications, health insurance applications, and solutions that can help with groceries, prescriptions, and financial difficulties that may arise during this crisis.

Please call AAHAA with any questions or needs.

Local Coronavirus Cases by Zip Code 60002 = 27 60046 = 44



Illinois Department of Human Services announced Illinois households will receive **the maximum SNAP benefit amount** implemented for April and May. Increased benefits will be automatically loaded onto SNAP recipients' Link cards.

**New applications authorized in April will also receive the maximum allotment for their household size during April and May.**

SNAP provides food assistance to low income individuals and families. Please call AAHAA for assistance with applications. (847) 395-2809

## LOCAL HEROES STEP UP

Anna Fielder and the Mask Brigade, are donating homemade cloth face coverings to locals in need.

To help slow the spread of COVID-19, the CDC is now recommending the use of these cloth face coverings when you must be in public for essential activities.

Call AAHAA at (847) 395-2809 if you need one.



People wearing cloth face coverings 🧢 should continue to:

- ✓ Remain 6 feet apart from others
- ✓ Wash hands frequently
- ✓ Stay home as much as possible
- ✓ Disinfect frequently touched surfaces
- ✓ Call a loved one to check-in




### INFORMATIVE VIDEO FROM



[Click Here To Watch Video](#)

If you have symptoms of respiratory illness such as fever, cough, shortness of breath, **stay home and call your doctor**. Distance yourself from others in the household and if possible, stay in your own bedroom and use your own bathroom. Seek medical care right away if your illness is worsening (for example, you have difficulty breathing).

**DO NOT walk into a healthcare facility, urgent care clinic, or hospital before calling.**

Residents who don't have a primary care provider can contact the Lake County Health Department:

Call (847) 377-8800 to schedule an appointment. Choose option 1.

**Call 911 if you are having a medical emergency & alert dispatch if you have respiratory symptoms.**

## Prevent Infection & Prevent the Spread

- The Federal Government now extends the Coronavirus stay-at-home guidelines through 4/30.
- Governor Pritzker has ordered Illinois residents to remain in homes except for essentials to prevent the further spread of COVID-19.
- The Lake County Health Department urges the community to stay home unless going out is absolutely necessary.
- Clean hands often with soap & water (20 seconds) or use hand sanitizer at least 60% alcohol.
- Avoid touching your eyes, nose, mouth with unwashed hands.
- Cover your cough & sneeze with a tissue or your elbow.
- Practice social distancing of 6 feet.
- Call to check on family, neighbors, and older adults instead of visiting.
- Check with your healthcare provider about telehealth options.
- If you are on dialysis, you should **NOT** postpone your treatments.
- Use simple cloth face coverings to slow the spread of the virus, when social distancing is difficult to maintain.

## Illinois Needs Your Help

Illinois needs medically trained individuals to join the fight against COVID-19. Individuals that register may be potentially contacted to work in a hospital surge or alternative housing setting. Go to [illinoishelps.net](http://illinoishelps.net) to register with the Illinois Health Department. If you are not a medical professional, you can find other volunteer opportunities at [Serve.Illinois.gov](http://Serve.Illinois.gov).

## Health Department Coronavirus Update – April 13th

The Lake County Health Department is reporting 282 new cases and sixteen new deaths from the Coronavirus Disease 2019 (COVID-19) in Lake County since yesterday. This brings the total number of Lake County residents testing positive for the disease to 1,525 (as of April 13<sup>th</sup>, 2020, 1:30 p.m.) and the total number of deaths to fifty. The Lake County Health Department is investigating 22 long-term care facilities in the county that have 2 or more confirmed cases. These 22 facilities have a combined total of 238 confirmed COVID-19 cases.

### To our friends and neighbors:

AAHAA will be distributing this weekly resource guide to inform you and help you find assistance during our current national health crisis. We are here for our community during this difficult time. If you would like to offer assistance or know of someone who can offer help, please send your information to [info@aaaha4health.org](mailto:info@aaaha4health.org). Information we receive by Friday of each week will go out in the following week's Constant Contact emails and Facebook posts.

## RESOURCE GUIDE

### **HOTLINES & MORE INFORMATION**

\*Antioch Area Healthcare Accessibility Alliance

(847) 395-2809

\*Advocate Health COVID-19 Hotline

(866) 443-2584

\*Illinois COVID-19 Hotline

(800) 889-3931

\*Lake County Health Department

(847) 377-8800

\*Northshore Community Health Hotline

(847) 432-5849

\*United Way of Lake County

211

\*COVID-19 & Unemployment Benefits

(800) 244-5631

Unemployment benefits may be available to individuals whose unemployment is attributable to COVID-19.

[ides.illinois.gov](http://ides.illinois.gov)

### **HERE TO HELP**

\*Antioch Township Senior Task Force

(847) 460-2791

Task Force Coordinator-Courtney Kotloski

[ckotloski@antiochtownshipil.gov](mailto:ckotloski@antiochtownshipil.gov)

Personal shoppers for groceries, prescriptions, and errands.

\*Grant Township Residents

(847) 651-7417

Township Supervisor-Kay Starostovic

[kstarostovic@granttownshipcenter.org](mailto:kstarostovic@granttownshipcenter.org)

If Kay does not answer, leave a message - someone will return your call.

Phone messages are checked more often than email.

## **LOCAL FOOD PANTRIES**

### **\*Open Arms Food Pantry (Antioch)**

1548 Main Street, Antioch on Rt. 83

Tuesday, Wednesday & Thursdays 4:30pm-6:30pm

Food Distribution directly to cars to ensure safety to everyone - drive-up

(847) 395-0309

### **\*Northern Illinois Helping Hands Food Pantry (Spring Grove)**

2502 Spring Ridge Drive, Spring Grove, in the Intermatic parking lot

Tuesdays or Thursdays from 3pm- 6:30pm

Food Distribution directly to cars - drive-up

(815) 245-7345

## **PHARMACY NEEDS**

### **\*CVS (Antioch) 8am-8pm & Pharmacy Hours 9am-8pm**

983 Illinois Rte. 59, Antioch

Free delivery (1-2 days) of prescriptions and everyday items

(847) 395-5691

[cvs.com](https://www.cvs.com)

### **\*Walgreens (Antioch) Weekdays 9am-9pm**

283 W, IL-173, Antioch

Senior Shopping Hours: Tuesdays 8am-9am

Free delivery & no minimum purchase

Prescriptions, and everyday items

Drive-thru shopping for general store items

(847) 395-0337

[walgreens.com](https://www.walgreens.com)

### **\*Walgreens (Fox Lake) Weekdays 9am-9pm**

61 S, US-12, Fox Lake

Senior Shopping Hours: Tuesdays 8am-9am

Free delivery & no minimum purchase

Prescriptions, and everyday items

Drive-thru shopping for general store items

(847) 587-8222

[walgreens.com](https://www.walgreens.com)

### **\*Walgreens (Lakemoor) Weekdays 9am-9pm**

28895 W IL Route 120, Lakemoor

Senior Shopping Hours: Tuesdays 8am-9am

Free delivery & no minimum purchase

Prescriptions, and everyday items

Drive-thru shopping for general store items

(815) 578-9346

[walgreens.com](https://www.walgreens.com)

## **GROCERIES/OTHER**

### **\*Aldi (Antioch) Monday - Friday 9am-7pm**

1390 Deep Lake Road, Antioch

Seniors, expectant mothers, & underlying health conditions:

Tuesday & Thursdays 8:30am-9:30am

(855) 955-2534

[aldi.us](https://www.aldi.us)

### **\*Dollar General (Fox Lake) 8am-8pm**

488 Orchard Street

Hours for all general public

(224) 259-2818

[dollargeneral.com](https://www.dollargeneral.com)

### **\*Dollar General (Fox Lake) 8am-8pm**

71 E Grand Avenue

Hours for all general public

(224) 337-3320

[dollargeneral.com](https://www.dollargeneral.com)

**\*Jewel/Osco (Antioch) 6am-10pm & Pharmacy Hours 9am-8pm**

966 Rte. 59, Antioch

Senior Shopping Hours: Tuesdays & Thursdays 7am-9am

Delivery and pickup available, may be delayed

(847) 395-7363

[jewelosco.com](http://jewelosco.com)

**\*Jewel/Osco (Fox Lake) 6am-10pm Pharmacy Hours 9am-8pm**

1350 US-12, Fox Lake, IL 60020

Senior Shopping Hours: Tuesdays & Thursdays 7am-9am

Delivery and pickup available, may be delayed

(847) 973-9075

[jewelosco.com](http://jewelosco.com)

**\*Lovin' Oven Cakery (Antioch & Round Lake Locations)**

Tuesday-Saturday 8am-4pm, Sunday 8am-1pm

455 Lake Street, Antioch IL 60002

2207 N. IL 83, Round Lake IL 60073

Walk-in or curbside pickup, online ordering

Antioch - (224) 788-9558  
Round Lake Beach - (847) 231-4700  
[www.lovinovencakery.com](http://www.lovinovencakery.com)

**\*Old Mill Creek Country Store (Antioch)**

19588 W. IL Route 173, Antioch

Monday-Saturday 8am-7pm & Sunday 10am-6pm

Hours for all general public

Organic meat, produce, dairy, deli, grocery & frozen foods

(224) 788-8085  
[oldmillcreekcountrystore.com](http://oldmillcreekcountrystore.com)

**\*Piggly Wiggly (Antioch) 6am-8pm**

460 Orchard Street, Antioch

Seniors encouraged to shop daily from 7am-9am

(847) 395-7842

[shopthepig.com](http://shopthepig.com)

**\*Val's Fresh Market (Fox Lake) Monday-Saturday 8am-8pm, Sunday 8am-7pm**

17 Towne Centre Lane, Fox Lake

Hours for all general public

(847) 587-0940

[shopvals.com](http://shopvals.com)

**\*Walmart Supercenter (Antioch) 7am-8:30pm**

475 East, IL-173, Antioch

60 and older can shop the store and Pharmacy one hour before opening

Grocery pick-up & delivery may be delayed

Limited number of customers in store at one time

(847) 838-2148

[walmart.com](http://walmart.com)

**\*Woodman's (Lakemoor) 7am-10pm**

27555 IL Route 120, Lakemoor

Senior Shopping Hours: Wednesdays 6am-8am

Delivery and pickup service available, may be delayed

(779) 704-4220  
[shopwoodmans.com](http://shopwoodmans.com)

## **VETERINARIANS**

**\*Antioch Animal Hospital, Monday - Friday 7:30am-5pm & Saturday 8am-4pm**

Please call the office in advance.

A staff person will come out to your car to take your pet inside, administer treatment and return them to you in your car.

(847) 395-0636

**\*Lakes Animal Clinic (Antioch)**

Please call the office in advance.

Monday-Friday 8am-5pm (closed from 12-1pm) & Saturday 8am-2pm

(847) 395-0100

**\*Fox Lake Animal Hospital, Monday- Friday 9am-6pm & Saturday 8am-2pm**

Please call the office in advance.

A staff person will come out to your car to take your pet inside, administer treatment and return them to you in your car.

(847) 587-0505