

## MARAVELA'S - Tuesdays and Thursdays

Catholic Charities of Lake County will have To-Go meals available for pickup twice a week on Tuesday and Thursdays for seniors 60 and older \*

Each of those days each person will receive two meals, one hot and one cold.

A \$5.00 suggested donation is appreciated however, no one is denied a meal due to inability or unwillingness to pay.

\*\*\*We will update the reservation hotline as this situation evolves. **847-782-4170** Please call often and listen to the entire message.

**You must call 3 business days ahead to reserve your meals. 847-782-4170 When calling, please:**

- > spell your first and your last name\*
- > leave us your phone number
- > tell us the day(s)/date(s) you would like to pick up your meals
- > include name of each recipient\*

\*Must be registered with our program - we can complete this over the phone.

**Location: Maravela's 4 Washington St. Ingleside, IL 60041**

**Pick up time: 10:00 am—12:00 noon**

### Tuesday, June 30, 2020

#### Hot

Chicken Tarragon  
Rice Pilaf  
Buttered Spinach  
Confetti Coleslaw  
Applesauce  
Whole Grain Dinner Roll w/Margarine  
Milk

#### Cold

Chicken Salad  
On a Bun  
Chopped Tomatoes  
Kidney Bean Salad  
Fruit Cocktail  
Milk

### Thursday, July 2, 2020

#### Hot

Tuna Salad  
On Wheat Bun  
Potato Salad  
Coleslaw  
Fruit Cocktail  
Milk

#### Cold

Ham & American Cheese  
On Wheat  
Cucumber Slices  
Coleslaw  
Cantaloupe  
Milk

**IMPORTANT: See backside for food safety instructions.**

### Instructions for Hot Meal Carry-Out

1. Eat or refrigerate hot meal within 2 hours of receiving meal.
2. If meal is refrigerated, reheat to 165°F before eating.
3. Discard meal if it has not been eaten or refrigerated within 2 hours of receiving meal.
4. Discard meal if it has been in the refrigerator for more than 1 day.

Catholic Charities' Dine Around Lake County Sites available to you

- ◆ **Gyorgos Café in Fox Lake 847-629-5947**
- ◆ **The Liberty Restaurant in Libertyville 847-362-9494**
- ◆ **N&T's Family Restaurant in Zion 847-872-7979**

*These site will continue to operate however days and hours may be adjusted. Please call ahead to order your meal. Feel free to ask if delivery is available.*

### **To-Go meals are available for pickup on the following days:**

- ◆ Mondays in Wauconda across the street from Transfiguration Church
- ◆ Tuesdays and Thursdays at two locations (please indicate location when calling)
  - Maravela's 4 Washington St. Ingleside
  - Catholic Charities Round Lake Office 116 N. Lincoln Ave. Round Lake
- ◆ Wednesdays in North Chicago Paris Banquet Hall parking lot 1492 Lewis Ave. North Chicago

This program and many others have been made possible through special funding to assist older adults during the COVID 19 situation. The availability of these temporary funds depends on the shelter-in-place guidelines. Catholic Charities has many different resources available.

If you have any other concerns or needs please call: **847-546-5733**

If you have any other food needs please leave a message on our reservation hotline and we will return your call: **847-782-4170**

**Let's watch out for one another.**

**If you are concerned about someone, let us know so we can check up on them.**

**Friendship Line Anytime Day or Night**

**Need someone to talk to?**

**Please call 800-971-0016**