



(847) 847 - 395-2809
X19 OR X25
aahaa4health.org

6.10.20 Sometimes we all need a little help.

AAHAA is here with resources and services that can help you through this difficult time.

Our Network Nurse can help with solutions for:

- GROCERIES
- PRESCRIPTIONS
- CORONAVIRUS INFO
- HEALTH INSURANCE
- REFERRALS TO PHYSICIANS DENTISTS, COUNSELORS
- SHOPPING ASSISTANCE
- RENT/UTILITIES
- TIPS TO STAY SAFE
- HEALTH EDUCATION
- HOUSING CONCERNS

Our Certified Application Specialist can assist with:

- MEDICAID APPLICATIONS
- ACA APPLICATIONS
- SNAP APPLICATIONS
- MEDICAL TRANSPORTATION

Network Nurse™
(414) 737-6601

Improving the health of our community one neighbor at a time.



Illinois reports lowest number of coronavirus cases in 2 months for second straight day in a row.

All regions of the state [remain on track](#) to move on to Phase 4 of reopening on **June 26**. The statewide positive rate for testing remains at 5%.



Anyone, even those without symptoms, can now get tested for COVID-19 at Illinois drive-thru testing sites. The Waukegan testing site has moved. It is now located at 102 West Water Street in Waukegan.



It is open from 8 a.m. to 4 p.m. daily.

No appointment, doctor referral, or insurance is needed at state operated drive-thru sites and **testing is available at no cost** to the person undergoing the test.



***** The Illinois Department of Public Health recommends anyone who has recently been part of a mass gathering, including rallies and protests over the past week, to get tested for coronavirus.**

Emergency Rental & Mortgage Assistance

• Catholic Charities
(847) 782- 4000



• Community Action Partnership
(847) 740-2115



• Mothers Trust Foundation
(847) 482-9189
Monday – Thursday, 9 am to 4 pm



**IF YOU OR SOMEONE YOU KNOW IS HOMEBOUND,
IS HAVING TROUBLE GETTING GROCERIES INTO THE HOUSE,
OR IS UNDER QUARANTINE FOR COVID OR COVID SYMPTOMS,
PLEASE CALL AAHAA (847) 395-2809 x19 or x25
We are partnering with a new Lake County Organization
THAT CAN HELP WITH HOT MEALS!**



Providing food & daily living necessities
for individuals and families in need.

Welcome Neighbor

(847) 395- 0309

Client Services

Tuesday, Wednesday & Thursday
4:30 to 6:30

Office Hours

Tuesday, Thursday, & Friday
8 am to 12 pm

LAKE COUNTY CORONAVIRUS CASES June 9, 2020

Total Coronavirus Cases = 8,839
Total Coronavirus Deaths = 331
Long Term Care Facilities
Total Coronavirus Cases = 1,601
Total Coronavirus Deaths = 228



IF YOU HAVE SYMPTOMS OF RESPIRATORY ILLNESS such as fever, cough, shortness of breath, **stay home and call your doctor**. Distance yourself from others in the household and if possible, stay in your own bedroom and use your own bathroom. Seek medical care right away, if your illness is worsening (for example, you have difficulty breathing). **DO NOT walk into a healthcare facility, urgent care clinic, or hospital before calling**. If you do not have a primary care provider contact Lake County Health Department - (847) 377-8800 & choose option 1.

Call 911 if you are having a medical emergency & alert dispatch if you have respiratory symptoms.

REMEMBER TO WEAR YOUR MASK WHEN NECESSARY



Phase 3 Guidelines – Began May 29th

- **A cloth face covering, or mask is REQUIRED** when outside & 6-foot distancing is difficult to maintain.
(Do not use masks with children under the age of two or on anyone who has trouble breathing, is unconscious, incapacitated, or otherwise unable to remove the mask without assistance)
- Clean hands often with soap & water (20 seconds) or use hand sanitizer at least 60% alcohol.
- Avoid touching your eyes, nose, mouth with unwashed hands.
- Cover your cough & sneeze with a tissue or your elbow.
- Check with your healthcare provider about any medical appointments.
- If you are on dialysis, you should **NOT** postpone your treatments.
- For information on allowable activities see page 1, or [Click Here To View](#)

TO OUR FRIENDS AND NEIGHBORS

AAHAA will be distributing this weekly resource guide to inform you and help you find assistance during our current national health crisis. If you would like to offer assistance or know of someone who can offer help, please send your information to info@aahaa4health.org. Information we receive by Friday of each week will go out in the following week's Constant Contact emails and Facebook posts.

WEEKLY RESOURCE GUIDE



HOTLINES & MORE INFORMATION

- | | |
|----------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------|
| *Antioch Area Healthcare Accessibility Alliance | (847) 395-2809 |
| *Advocate Health COVID-19 Hotline | (866) 443-2584 |
| *Illinois COVID-19 Hotline | (800) 889-3931 |
| *Lake County Health Department | (847) 377-8800 |
| *Northshore Community Health Hotline | (847) 432-5849 |
| *United Way of Lake County | 211 |
| *COVID-19 & Unemployment Benefits
Unemployment benefits available to
individuals whose unemployment is attributable to COVID-19. | (800) 244-5631
ides.illinois.gov |
| *Representative Joyce Mason's Office
For individuals who are having difficulty accessing
unemployment benefits. | (847) 485-9986 |



MENTAL HEALTH SUPPORT

Domestic Abuse Support

- *A Safe Place – Lake County (800) 600-7233
- *Illinois Statewide Domestic Hotline (877) 863-6338
- *National Domestic Abuse Hotline (800) 799-7233

Counseling Services

- *Lake County Crisis Line (you can place an anonymous call) (847) 377-8088
- *Blending Families (Antioch) (847) 838-9904
- *Antioch Community Counseling Services (847) 454-3111
(sliding scale fee)
- *CYN Counseling Center (847) 548-6000 X 010
CYN After-Hours Crisis Line (847) 587-3100
- *Family Service of Lake County Counseling (Phone/Video sessions) (847) 432-4981
No out of pocket costs for seniors
- *Nicasa HUGS Line (847) 546-6450
Covid emotional help & recovery support
- *Lake Behavioral Hospital (855) 990-1900 (toll free)
Adolescents, Adults, & Seniors (Works with Medicaid/Medicare)

TEXT Support Services

- *CALL4CALM (Covid-19 support) Text "Talk" to 552020
- *Disaster Distress Coronavirus Hotline Text "TalkWithUs" to 66746
- *Text-A-Tip (Support for middle-school & high school youth) Text "LAKECO" to (884) 823-5323



HERE TO HELP

- *Antioch Township Senior Task Force (847) 460-2791
Task Force Coordinator-Courtney Kotloski ckotloski@antiochtownshipil.gov
Personal shoppers for groceries, prescriptions, and errands.
- *Grant Township Residents (847) 651-7417
Township Supervisor-Kay Starostovic kstarostovic@granttownshipcenter.org
If Kay does not answer, leave a message - someone will return your call.
Phone messages are checked more often than email.



LOCAL FOOD PANTRIES

- *Open Arms Food Pantry (Antioch) (847) 395-0309
 1548 Main Street, Antioch on Rt. 83
 Tuesday, Wednesday & Thursdays 4:30pm-6:30pm
 Food Distribution directly to cars to ensure safety to everyone - drive-up

- *Northern Illinois Helping Hands Food Pantry (Spring Grove) (815) 245-7345
 2502 Spring Ridge Drive, Spring Grove, in the Intermatic parking lot
 Tuesdays & Thursdays from 3pm- 6:30pm
 Food Distribution directly to cars - drive-up



PHARMACY NEEDS

- *CVS (Antioch) 8am-8pm & Pharmacy Hours 9am-8pm (847) 395-5691
 983 Illinois Rte. 59, Antioch cv.com
 Shopping for vulnerable guests & their caregivers: Wednesdays 9am-10am
 Free delivery of prescriptions and essential needs

- *ALL WALGREENS PROVIDE walgreens.com
 Free Delivery of Prescriptions &
 Drive-thru shopping for essential needs

- Antioch Weekdays 9am-9pm (847) 395-0337
 283 W. IL-173, Antioch
- Senior Shopping Hours: Tuesdays 8am-9am

- Fox Lake Weekdays 9am-9pm (847) 587-8222
 61 S, US-12, Fox Lake
- Senior Shopping Hours: Tuesdays 8am-9am

- Lakemoor Weekdays 9am-9pm (815) 578-9346
 28895 W IL Route 120, Lakemoor
- Senior Shopping Hours: Tuesdays 8am-9am



GROCERIES/OTHER

- *Aldi (Antioch) Monday - Friday 9am-7pm (855) 955-2534
 1390 Deep Lake Road, Antioch aldi.us
 Seniors, expectant mothers, & underlying health conditions:
 Tuesday & Thursdays 8:30am-9:30am

- *Dollar General (Fox Lake) 8am-8pm**
488 Orchard Street
Hours for all general public

(224) 259-2818
dollargeneral.com
- *Dollar General (Fox Lake) 8am-8pm**
71 E Grand Avenue
Hours for all general public

(224) 337-3320
dollargeneral.com
- *Jewel/Osco (Antioch) 6am-Midnight & Pharmacy Hours 8am-10pm**
966 Rte. 59, Antioch
Delivery and pickup available, may be delayed

(847) 395-7363
jewelosco.com
- *Jewel/Osco (Fox Lake) 6am-Midnight Pharmacy Hours 8am-10pm**
1350 US-12, Fox Lake, IL 60020
Delivery and pickup available, may be delayed

(847) 973-9075
jewelosco.com
- *Lovin' Oven Cakery (Antioch & Round Lake Locations)**
Tuesday-Saturday 7am-6pm, Sunday 8am-1pm
455 Lake Street, Antioch IL 60002
2207 N. IL 83, Round Lake IL 60073
Walk-in or curbside pickup, online ordering

Antioch - (224) 788-9558
Round Lake Beach - (847) 231-4700
lovinovencakery.com
- *Old Mill Creek Country Store (Antioch)**
19588 W. IL Route 173, Antioch
Monday-Saturday 8am-7pm & Sunday 10am-6pm
Organic meat, produce, dairy, deli, grocery & frozen foods

(224) 788-8085
oldmillcreekcountrystore.com
- *Piggly Wiggly (Antioch) 7am-9pm**
460 Orchard Street, Antioch
Seniors encouraged to shop daily from 7am-9am

(847) 395-7842
shopthepig.com
- *Val's Fresh Market (Fox Lake)**
17 Towne Centre Lane, Fox Lake
Monday-Saturday 8am-8pm, Sunday 8am-7pm
Hours for all general public

(847) 587-0940
shopvals.com
- *Walmart Supercenter (Antioch) 7am-8:30pm**
475 East, IL-173, Antioch
60 & older can shop the store & pharmacy one hour before opening
Grocery pick-up & delivery may be delayed
Limited number of customers in store at one time

(847) 838-2148
walmart.com
- *Woodman's (Lakemoor) 7am-10pm**
27555 IL Route 120, Lakemoor
Senior Shopping Hours: Tuesdays & Wednesdays 6am-8am
Delivery and pickup service available, may be delayed

(779) 704-4220
shopwoodmans.com



VETERINARIANS

- *Antioch Animal Hospital, Monday - Friday 7:30am-5pm & Saturday 8am-4pm** **(847) 395-0636**
40949 N. IL-83, Antioch
Please call the office in advance.
A staff person will come out to your car to take your pet inside,
administer treatment and return them to you in your car.

- *Lakes Animal Clinic (Antioch)** **(847) 395-0100**
222 IL-173, Antioch
Please call the office in advance.
Monday-Friday 8am-5pm (closed from 12-1pm) & Saturday 8am-2pm

- *Fox Lake Animal Hospital, Monday- Friday 9am-6pm & Saturday 8am-2pm** **(847) 587-0505**
161 US-12, Fox Lake
Please call the office in advance.
A staff person will come out to your car to take your pet inside,
administer treatment and return them to you in your car.